

Sermon Title: **God's *HESED* to Those in Bondage**

Sermon Text: Psalm 107:10-16

Speaker: Wade Allen

Sermon Notes:

Interactive Study Notes on the
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COMMUNITY GROUP

Location:

Date:

Prayer Concerns:

Study Title:

Bible Reading: **Psalm 130**

Title:

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QUESTIONS FOR REFLECTION

Psalm 107:10-14 describes some people who are living in bondage as a result of their disobedience against God. **Verses 15** and **16** celebrate the release of those who were living as captives and forced laborers. While this remains a problem in our world today, the more common issue among believers in the US is that we need to tear down spiritual strongholds in our lives.

Read **James 1:13-15**. Describe the process by which a temptation in your life becomes something that seems irresistible.

Read **2 Corinthians 10:3-6**. What is the Apostle Paul describing here in these verses?

In **verse 4**, Paul refers to our weapons of warfare. What does he say about those weapons? What are they capable of doing?

What are the necessary steps—according to **verses 5** and **6**—that we need to be willing to take in order to destroy the strongholds of sin in our lives? Which of these steps is most difficult for you to do?

What will you do to address these strongholds in your life?

QUESTIONS FOR REFLECTION

In the previous lesson, we learned that the war against sin in our lives is a spiritual battle. The Apostle Paul discusses this further in his letter to the church at Ephesus.

Read **Ephesians 6:10-20**. How do **verses 11-12** describe this battle?

We are told to “take up the whole armor of God” to be able to have a chance in this spiritual battle. List all the pieces of God’s armor and briefly describe what each piece represents.

- Belt of _____:
- Breastplate of _____:
- Shoes:
- Shield of _____:
- Helmet of _____:
- Sword of the _____:

Every piece of armor, except the sword, is designed to defend us. Why is it important to remember that the sword is our only offensive weapon?

Reread **Ephesians 6:18-20**. These verses are often left out of discussions concerning the armor of God. Why is that wrong? What do these verses teach us, especially in regard to spiritual warfare?