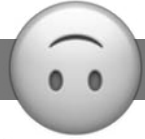


Sermon Title: Six Obstacles in Becoming Self-Aware

Sermon Text: Proverbs 4:23-27

Speaker: Wade Allen

Sermon Notes:



Community Group:

Location:

Date:

BIBLE READING PLAN

Week 9

- Proverbs 25
- Proverbs 26
- Proverbs 27

Bible Reading: Proverbs 25

Exploring Below the Surface

In the study, "Are You an Influencer?" on page 43, we spent some time thinking about the kind of movie your life would be. If someone were to video every moment of your life, what would you immediately stop doing or saying? Why?

Evaluating your day-to-day life is essential for developing self-awareness. We do not know what we do not know, so how can we go about becoming more self-aware? (consider Psalm 139:1-7,17, 23-24)

Would you be willing to use the prayer at the end of this psalm (verses 23-24) to help you to discover some of the obstacles in your journey toward spiritual maturity and self-awareness?

Will you pray that to God right now?

Spend the next few moments listening for God to speak to your spirit. What is He saying to you?

Are you dealing with issues of anxiety? Is there something you are doing or saying that is offensive to God or others? Will you repent of that now?

Bible Reading: Proverbs 26**TIME — The Key to Unlocking a Heart**

The real measure of what we value is how we live our lives in relation to time. This week, set aside a time to prayerfully evaluate your schedule and ask for guidance on how you can use your time with increasing wisdom. Use these questions to help you reflect:

Who is really important to you? Rank them. Does your boss come before your spouse, or your clients before your kids?

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| 1. | 3. |
| 2. | 4. |

What is most important to your loved ones? Time invested in these activities will yield the highest returns.

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How can you make the most of the parts of your schedule that you don't control—chores, commutes, the kids' soccer games, etc.?

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Are there any places in your life where time could become a trap to you—a coworker whom you're attracted to, an addictive game on your phone, etc.?

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| 2. | 4. |

Bible Reading: Proverbs 27

Choose a verse from this week's Scripture reading.

Title:

Date:

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