

Week 1

May 1, 2022

Sermon Title: Six Essentials for Healthy Relationships

Sermon Text: Proverbs 4:20-23; 12:17-25

Speaker: Wade Allen

Sermon Notes:



Community Group:

Location:

Date:

BIBLE READING PLAN

Week 1

- Proverbs 1
- Proverbs 2
- Proverbs 3

Bible Reading: Proverbs 1

Let the Peace of God Guard Your Heart

Read Philippians 4:4- 7. Paul calls us to always "rejoice in the Lord" in verse 4. What is the difference between joy and happiness? Is it possible to rejoice in difficult or sad circumstances? Explain.

In the fifth verse, the Bible says, "Let your reasonableness be known to everyone." Reasonableness is the mind-set that seeks what is best for everyone-not just what's good for you. In light of Philippians 4:2-3, why do you think Paul is encouraging this frame of mind?

According to verse 6, what should we do to combat anxiety in our lives? What does God promise us if we do this (verse 7)?

Read Proverbs 4:23. In the Bible, the heart refers to the essence of one's being. What do we learn about the heart when we compare Proverbs 4:23 and Philippians 4:7?

Bible Reading: Proverbs 2

LOVE – Loving Others without Condition

What personal barriers discourage you from giving unconditional love to others? How can you work towards overcoming those barriers?

Most of us have at least one relationship that we feel needs some improvement. Choose a relationship in your life that you think fits that description (spouse, child, friend, etc). Who will you choose?

What are some tangible, practical ways that you can show unconditional love to that person this week?

Bible Reading: Proverbs 3

Choose a verse from this week's Scripture reading.

Title:

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