

**Sermon Title:**

**Sermon Text:**

**Speaker:** **Wade Allen**

**Sermon Notes:**

**BIBLE READING PLAN**

**Week 15**

- Matthew 28
- John 18
- John 19
- Mark 16
- Luke 24
- John 20-21

**Bible Reading:**            **Psalm 51**

### Questions for Reflection:

Last week, we spent time considering the attitudes that we sometimes have toward others—like being critical or judgmental of others and constantly looking for faults in others.

The concept of knowing who we are and why we behave the way we do is called self-awareness. When we misunderstand ourselves, we are also prone to misunderstand God. And a lack of self-awareness will also impact the way we view others and our interactions with them. All of this impacts our relationships—our relationship with God and others.

One of the most dangerous aspects of lacking self-awareness is that we can be unaware of our need for repentance. Self-awareness is the device that God can use to show us how desperately we need Jesus.

Self-awareness must begin with understanding the human heart. What does the Bible say about our hearts?

Jeremiah 17:9

Mark 7:21-23

Psalm 51:10

Jeremiah 29:13

Romans 10: 9-10

**Bible Reading:** Psalm 139

### Questions for Reflection:

In Psalm 139, we find that God knows us even better than we know ourselves. The prayer of the psalmist was asking God to reveal to him the condition of his own heart. **Take a few minutes to pray Psalm 139: 23-24 back to God.** What did God reveal to you by His spirit as you were praying that prayer?

What do you need to do in response to His leading?

Read Matthew 27:37-40. What did Jesus say when asked which is the greatest commandment in the Law?

As we seek to gain greater self-awareness, our goal should be to measure our growth in light of Jesus' admonition to love God and love others.

**Bible Reading:**            **John 14**

### Questions for Reflection:

If we are to love God and love others, how can we know if we are doing this with all of our hearts? If our self-awareness is determined by how well we are loving God and loving others, what is the measure by which we are able to determine how we are doing?

Thankfully, God's Word is very clear about how we can know if we are loving God with our whole hearts or not. The Apostle John dealt with this issue in much of his writing.

Read the following verses. What does each verse have to say about demonstrating our love for God?

John 14:15-

1 John 2:3-6 -

1 John 5:2-3 -

When we fail to obey God, we are also failing to love God. As we grow in our self-awareness, we should see more and more ways in which we are failing to obey God. As we draw near to God and spend more time in His Word, He will fill us with wisdom and spiritual understanding (Colossians 1:9) making us aware of our own hearts as well as the hearts of those around us.