

# FAMILY DEVOS

BRINGING GENERATIONS TOGETHER

## ESSENTIAL ELEMENTS OF LIFE IN CHRIST





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## ESSENTIAL ELEMENTS OF LIFE IN CHRIST

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**Pr**  
*PRAYER*  
Hebrews 4:16

4  
**Wo**  
*WORSHIP*  
John 4:24

Knowing Him  
Abiding in Him  
Obeying Him

2  
**Bi**  
*BIBLE STUDY*  
2 Timothy 3:16-17

6  
**So**  
*SOLITUDE*  
Mark 6:30-31

8  
**Sc**  
*MEDITATION*  
Joshua 1:8

5  
**Sv**  
*SERVICE*  
1 Peter 4:10

3  
**Cm**  
*COMMUNITY*  
1 John 1:7

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**Mn**  
*MINISTRY*  
Ephesians 4:11-12

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**Dt**  
*DOCTRINE*  
2 Timothy 2:15

11  
**Sa**  
*SABBATH*  
Leviticus 23:3

10  
**Fs**  
*FASTING*  
Matthew 6:16-18

12  
**Gr**  
*SIMPLICITY*  
1 Thessalonians 4:11

13  
**Ev**  
*EVANGELISM*  
1 Peter 3:15

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# Introduction: Why Family Devos?

By Pastor David McEuen

God LOVES families. In fact, when God created the universe and everything in it, the only thing that He described as, “not good,” was that Adam was alone and thus He created Eve and then gave them the commandment to fill the earth. Translation: Start a family. Why? Because God loves the family and has designed it to be the primary means of discipleship for children and teens from generation to generation. Look at the instruction God gave the people of Israel as they were about to enter the Promised Land:

<sup>4</sup> “Hear, O Israel: The Lord our God, the Lord is one. <sup>5</sup> You shall love the Lord your God with all your heart and with all your soul and with all your might. <sup>6</sup> And these words that I command you today shall be on your heart. <sup>7</sup> *You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.* <sup>8</sup> You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. <sup>9</sup> You shall write them on the doorposts of your house and on your gates.” [Deuteronomy 6:4-9, emphasis added]

After instructing the people to love the Lord with all their heart, soul, and strength, He then instructs parents to instill this same love and devotion in their children. God understood His design. He knew that the family is the ideal place for discipleship and so He charged parents with the role of teaching their children about who God is and how He delivered them from Egypt. God’s plan for the family has not changed. God desires that parents be the primary people to teach their children about who He is, what He is doing, and what He wants to do in their life. And we want to help you!

This family devotional guide is designed to tie into our new sermon series, “Essential Elements of Life in Christ.” Each devotional focuses on one of the Elements from the series and

provide a passage of Scripture that you and your family can focus on throughout the week. Each lesson features a memory verse, Bible passage to read together and an activity or discussion questions based on the age of your children. Though there will be one devotional offered per week, the content can be spread throughout the

## ESSENTIAL ELEMENTS OF LIFE IN CHRIST

S A L V A T I O N	1	<b>Pr</b> PRAYER Hebrews 4:16	Knowing Him Abiding in Him Obeying Him	2	<b>Bi</b> BIBLE STUDY 2 Timothy 3:16-17	S A N C T I F I C A T I O N
	4	<b>Wo</b> WORSHIP John 4:24				
	5	<b>Sv</b> SERVICE 1 Peter 4:10				
	6	<b>So</b> SOLITUDE Mark 6:30-31	7	<b>Dt</b> DOCTRINE 2 Timothy 3:16-17		
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	10	<b>Fs</b> FASTING Matthew 6:16-18	11	<b>Sa</b> SABBATH Leviticus 23:3		
	12	<b>Gr</b> SIMPLICITY Thimoteuszka 4:1	13	<b>Ev</b> EVANGELISM 1 Peter 3:15		

week or completed in one sitting according to your discretion. My hope is that this will equip you to fulfill God’s plan for the family and enable you to talk of Him, “...when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.” If you have any questions, don’t hesitate to reach out to me.

As you begin using these Family Devos, please keep these things in mind:



**1. God has called you.**

When God gave you your first child, He called you—especially fathers—to lead your children spiritually. When God calls you, He provides the means to fulfill this call. Rely on Him.

**2. Be intentional with your time.**

Joshua told the people of Israel to “...choose *this* day whom you will serve...” You’ll never just get around to it. Pick a time, pick a place and stick to it as best you can. Consider tying family devo time to an already established routine. Whether mornings or evenings, the important thing is to start creating the habit.

**3. Quality over quantity.**

Kids can only pay attention so long. Start small and add time as you continue meeting together. Even 5 minutes together in the Word can reap eternal dividends.

**4. Give yourself grace.**

If Family Devos don’t go the way you envision them at first, don’t be discouraged. Remember, God is for you and wants you to succeed in this endeavor; you may just need to change things up a bit. He supplies the grace needed to do this well and the grace needed when it doesn’t go the way you want.

Finally, let us take the words Ephesians 5:15-16 to heart: “Look carefully then how you walk, not as unwise but as wise, *making the best use of the time*, because the days are evil.” Parents, let’s make the best use of the time and daily point our kids to Christ.



# HOW TO USE THIS STUDY

**Essential Elements Defined: Prayer**

**Pr**  
PRAYER  
introduction 4-6

**Getting Started:**

**Option #1:** What are some different ways we can talk to people? How can we talk to God?

**Option #2:** Has there ever been a time you needed help with something? Maybe you needed help fixing your shoes, fixing a broken toy, or working on project at school. What did you do?

**Memory Verse**

"Therefore, let us approach the throne of grace with boldness, so that we may receive mercy and find grace to help us in time of need." (Hebrews 4:16)

**Introduction:**

Prayer is one of the ways God has given to His followers spend time with Him by talking to Him and asking for His help. Jesus taught His followers how to pray and what He taught them helps us understand some of the in-and-outs of prayer. Let's take a look at what Jesus said.

**Read: Matthew 6:9-13**

The text is not included in this space because we want to encourage you to read this passage from an actual Bible, rather than from this book or a device. We believe that this will provide your family with a firm foundation in God's Word, if your children are old enough. It would be great practice for everyone to turn to the passage while it's being read.



Start Here! You're welcome to choose one of these questions/activities to get everyone ready to go. Or you can use one each night if you split the study up.

Sometimes the text is only there to help give you instructions or suggestions.

Text that is in *Italics* is meant to be read aloud. It is introducing the main points of the study.

The numbered questions are here to promote discussion with your elementary age kids and up.

These **Bold Points** are for all ages. If you have preschoolers, just focus on these main points.

**Talk about it:**

*When we pray, we need to remember who we are praying to. According to what we just read, who do we pray to? What does Jesus call God?*

**We pray to God who is our Heavenly Father.**

- How do you picture God when you pray?
- If God is our Father, what does that make us to Him?
- How can seeing God as loving father change the way you pray?


*Did you know that God has a plan for everybody? His plan is always better than our plan and He wants us to choose His way every day.*

**We pray for God's will and plan for our lives.**

- What kinds of things does God want us to do?
- Why do you think God wants us to do these kinds of things?
- God doesn't want His will for us to be a mystery. Read John 6:29-30; Acts 2:38; Ephesians 5:17-20; 1 Thessalonians 4:3, 7. What do these verses say about God's will for your life?

**Digging Deeper:**

*Jesus mentions a Kingdom coming in this prayer in the Old Testament. God promised He would set up a literal Kingdom on earth one day. Until then, God's Kingdom comes when people trust in Jesus as their Savior and Lord and Jesus becomes King of their lives. Who do you know that needs know about Jesus? In addition to praying for them, how can you share Jesus with them?*



*God wants us to depend on Him. He invites us to ask for anything that will help us follow Him. What kinds of things do you ask God for?*

**We pray for God's help in everything**

- What do verses 11-13 say we should ask God for?
- What's the difference between a "want" and a "need"? Can we ask for both?
- What is something that you need to ask God's help with this week?

**Pray about it:**

At the end of each Family Bible, spend time talking requests, giving thanks, and asking God's help to live out what you just discussed.

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The **Digging Deeper** questions are for youth age and up but can be used with younger students at your discretion.

**REMEMBER:**  
You can do more than one point per day or spread it out throughout the week.  
It's your choice!  
Do what fits your schedule the best!

When you pray together, write what you're thankful for and what you're asking God to help you with. Later, you can see how God answered your prayers!

# Essential Elements Defined: Salvation

Week One

## Getting Started:

**Option #1:** Have you ever gotten a present? What's the best present you've ever gotten?

**Option #2:** Have you ever made a really big mess? What happened?  
Were you able to clean it up?

## Memory Verse

“For God loved the world in this way:  
He gave his one and only Son,  
so that everyone who believes in him  
will not perish but have eternal life.”  
(John 3:16)

## Introduction:

*Everybody has a problem that only Jesus can solve. We have all sinned and all need God's forgiveness. This week, we'll spend time focusing on God's salvation offered to us, "by grace through faith in Jesus Christ." (Ephesians 2:8)*

## Read: Romans 6:23

## Talk about it:

*What happens when you don't listen to your parents? You get in trouble, right? Everyone is in trouble without Jesus. God has told us the best way that life should be lived but we have decided to do things our own way. We have disobeyed God and deserve His punishment for sin. Read Romans 3:23, 3:10 and 6:23*



## Everyone is a sinner and needs a Savior.

1. What is a sinner?
2. What is the punishment for sin?
3. Who can save us? Why do we all need someone to save us?

*God knows that we have sinned against Him and He knows the punishment that we deserve. But because God is so good and kind, He has made a way for us to be spared from His punishment. Read Romans 5:8.*

## God loves us and sent Jesus to save us.

1. Why did God send Jesus?
2. What did Jesus do to save us from our sin? (Read 1 Peter 3:18)
3. Why did Jesus have to die for our sins?



### **Digging Deeper:**

Sin separates us from God but in Christ, we are reconciled—brought back into a good relationship—with God.

Why do you think we need a relationship with God?

How would you explain this need to someone who doesn't know Christ?



### **Digging Deeper:**

In the Old Testament, animal sacrifices were offered over and over to cover the sins of the people.

How is Jesus' sacrifice better and more final? (Read Romans 3:25)

*God offers His salvation through Jesus as a gift to us. We don't have to do anything to earn it; in fact, we could never do anything to earn it. All we have to do is believe in Jesus as our personal Savior and Lord. Read Romans 10:9, 13.*

## All who call upon Jesus can be saved.

1. How can we be saved?
2. What does it mean to confess Jesus as Lord? What does, 'Lord' mean?
3. Have you called on Jesus to save you from your sin and confess Him as the Lord of your life?



### Digging Deeper:

Read Romans 10:11. Sin can bring a lot of shame and guilt into our lives, but Jesus' sacrifice frees us from these.

How can the truth of this verse help you overcome shame and turn to Jesus for forgiveness?

## Wrap It Up



Consider watching this illustration to bring further clarity to the message of Salvation. ([Jesus, Sin and You](#) )

During prayer time, encourage your kids to really consider this and to pray for their friends that need to hear the same thing. At the end of each Family Devo, spend time taking requests, giving thanks, and asking God's help to live out what you just discussed.

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# Essential Elements Defined: Prayer

Week Two

1

# Pr

PRAYER

Hebrews 4:16

## Getting Started:

**Option #1:** What are some different ways we can talk to people?  
How can we talk to God?

**Option #2:** Has there ever been a time you needed help with something? Maybe you needed help tying your shoe, fixing a broken toy, or working on a project at school. What did you do?

## Memory Verse

“Therefore, let us approach the throne of grace with boldness, so that we may receive mercy and find grace to help us in time of need.” (Hebrews 4:16)

## Introduction:

*Prayer is one of the ways God has given His followers to spend time with Him by talking to Him and asking for His help. Jesus taught His followers how to pray and what He taught them helps us understand some of the ins-and-outs of prayer. Let's take a look at what Jesus said.*

## Read: Matthew 6:9-13

The text is not included in this space because we want to encourage you to read this passage from an actual Bible, rather than from this book or a device. We believe that this will provide your family with a firm foundation in God's Word. If your children are old enough, it would be great practice for everyone to turn to the passage while it's being read.



## Talk about it:

*When we pray, we need to remember who we are praying to. According to what we just read, who do we pray to? What does Jesus call God?*

### We pray to God who is our Heavenly Father.

1. How do you picture God when you pray?
2. If God is our Father, what does that make us to Him?
3. How can seeing God as a loving father change the way you pray?

*Did you know that God has a plan for everybody? His plan is always better than our plan and He wants us to choose His way every day.*

### We pray for God's will and plan for our lives.

1. What kinds of things does God want us to do?
2. Why do you think God wants us to do these kinds of things?
3. God doesn't want His will for us to be a mystery. Read John 6:28-29; Acts 2:38; Ephesians 5:17-20; 1 Thessalonians 4:3, 7. What do these verses say about God's will for your life?



#### **Digging Deeper:**

Dads are meant to be a model to help us understand God as our Father. What if someone doesn't have a Dad?

How would you explain God as our Heavenly Father who loves us to them?  
[Read Psalm 27:10; 68:5]

What makes God the greatest Father?



#### **Digging Deeper:**

Jesus mentions a Kingdom coming in this prayer. In the Old Testament, God promised He would set up a literal Kingdom on earth one day. Until then, God's Kingdom comes when people trust in Jesus as their Savior and Lord and Jesus becomes King of their lives.

Who do you know that needs to know Jesus?

In addition to praying for them, how can you share Jesus with them?

*God wants us to depend on Him. He invites us to ask for anything that will help us follow Him. What kinds of things do you ask God for?*

**We pray for God’s help in everything.**

1. What do verses 11-13 say we should ask God for?
2. What’s the difference between a ‘want’ and a ‘need’?  
Can we ask for both?
3. What is something that you need to ask God’s help with this week?



**Digging Deeper:**

Read James 1:13.

If God does not tempt anyone, what do you think Jesus meant when He said, “And do not bring us into temptation but deliver us from the evil one.”?

**Pray about it:**

At the end of each Family Devo, spend time taking requests, giving thanks, and asking God’s help to live out what you just discussed.

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# Essential Elements Defined: Bible Study

Week Three

## Getting Started:

**Option #1:** Has your family ever been lost on a road trip? What did you do? What helped you figure out where you needed to go?

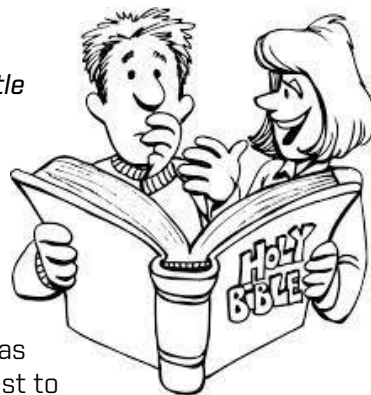
**Option #2:** Sing the B-I-B-L-E together. Talk about why we need to, "Stand alone on the Word of God"

## Memory Verse

"All Scripture is inspired by God and is profitable for teaching, for rebuking, for correcting, for training in righteousness, so that the man of God may be complete, equipped for every good work." [2 Timothy 3:16-17]

## Introduction:

*The Bible is our guide for life. God gave it to us to help us follow Him and show us the way we should go. The apostle Paul knew how helpful the Bible is so he wrote his friend Timothy to encourage him to depend on the Bible. Let's take a look at what he said.*



## Read: 2 Timothy 3:14-17

Don't forget to get your Bible out and read it together as a family. If you are wondering what translation would be best to read to younger kids, we suggest the Christian Standard Bible [CSB].

## Talk about it:

*Have you ever heard the Bible called the Word of God? Why do you think we call it that? (We call it that because the Bible records what God has to say to us.)*



## The Bible is inspired (breathed-out) by God.

1. How do you think we got the Bible?
2. Read 2 Peter 1:20-21. In light of this, what do you think it means for the Bible to be inspired by God?
3. Why is important that we understand that the Bible is inspired or “breathed-out” by God?



### Digging Deeper:

How would you explain the inspiration of the Bible to someone who is not a follower of Jesus?

*The Bible is the only book that teaches us about God's salvation for you and me. According to what we just read, through whom do we find salvation?*

## The Bible helps us realize that salvation is through faith in Jesus Christ.

1. According to this passage, what did Paul want Timothy to do?
2. Why should we commit to the Bible?
3. What does the Bible teach me about salvation through faith in Jesus Christ?

Walk through the  
**Roman Road of Salvation**  
together. Read these verses:

Romans 3:23  
Romans 3:10  
Romans 6:23  
Romans 5:8  
Romans 10:9,10



### Digging Deeper:

Paul said Timothy was familiar with, “the sacred Scriptures, which are able to give you wisdom for salvation through faith in Christ Jesus.”

These refer to the Old Testament.

What are some Old Testament passages or stories that point forward to salvation through faith in Jesus?

*The Bible teaches us that when God saves us, He calls us to good works (Eph. 2:10). How can we know what sort of things God wants us to do?*

**The Bible prepares us for every good work.**

- 1. What is the Bible “profitable for”?  
What do these words mean?
- 2. What kind of “training” is found in the Bible? What does that mean?
- 3. How have you been trained by the Bible this week?



**Digging Deeper:**

Why should you listen to the Bible?

What makes it different from books offered in other religions?

**Pray about it:**

*What will you do this week to spend time in God’s Word?*

At the end of each Family Devo, spend time taking requests, giving thanks, and asking God’s help to live out what you just discussed.

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# Essential Elements Defined: Community

Week Four

## Getting Started:

- Option #1:** Have everyone sit on the floor. Try to help each other stand up without your hands touching the floor.
- Option #2:** Have you ever tried to carry something really heavy? Is it easier to carry something heavy alone or to get someone else to help?

## Memory Verse

“If we walk in the light as he himself is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.” [1 John 1:7]

## Introduction:

*When we follow Jesus, we are called to be part of the community of believers. We become part of a family with God as our Father and the people within the church our brothers and sisters. The book of Acts gives us a picture of what this is like. Let's take a look.*

## Read: Acts 2:42-47

## Talk about it:

*These verses show us what it was like being part of a church for some of the first followers of Jesus. Their friendship was special because everybody had a relationship with Jesus. What are some things that make your friends special to you? What do you and your friends have in common?*



## The believers shared the same faith.

1. Whose teaching did the believers follow?
2. The Apostles were 12 men that were called by Jesus and walked with Him. Why do you think their teaching was so important?
3. What are some of the beliefs that we share with one another at Temple?



### Digging Deeper:

Why is it important to share the same beliefs when it comes to relationships?

*The believers in the early church liked to hang out together. They would go to each others' houses and eat together and spend time with each other. How do show your friends that you like to spend time with them?*

## The believers truly cared for each other.

1. What did some of the people do when someone was in need?
2. How does this show that they cared for one another?



### Digging Deeper:

What makes the fellowship of believers unique from the fellowship of unbelievers?

3. Think of some of the people at Temple. What can you do to show someone you care for them this week?

*The believers in the early church daily met in the temple to praise God together. What are some things you like to do when you are at church?*

## The believers shared the same purpose.

1. What were some of the things the people would do when they met in the temple?

2. What did God do for the believers as they met together?
  
3. What do you think is the purpose of the church? Why is it important for us to meet together?



**Digging Deeper:**

This passage said that the early church “enjoyed the favor of all people.”

How should the church influence the world around them?

What do you think Temple could do to reach out to the people around us?

What can you do?

**Pray about it:**

Take a moment to thank God for the community of believers at Temple Baptist Church. Pray for someone specific at Temple and think about how you can show your appreciation for them this week.

At the end of each family devo, spend time taking requests, giving thanks, and asking God’s help to live out what you just discussed.

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# Essential Elements Defined: Worship

Week Five

## Getting Started:

**Option #1:** Think of your favorite people. How do you like to show them that you love them?

**Option #2:** What is your favorite song to sing at church? Sing it together as a family.

## Memory Verse

“God is spirit, and those who worship him must worship  
 in Spirit and in truth.” (John 4:24)

## Introduction:

*We tend to think worship is an event where we sing songs and listen to a preacher speak, but the Bible teaches us that there is much more to it. This week, we'll focus on what worship is and how we must worship in the right way and with the right attitude.*

## Read: Romans 12:1

Don't forget to give everyone who can read the opportunity to do so during the Family Devo time!

## Talk about it:

*What do you think worship is?*



**Worship is our response to God and His kindness—it is the way we say “Thank you” for what He has done.**

1. What do these verses say God has done?  
How has God shown His mercy to us?
2. Why should we worship God for this?
3. What else has God done for you that causes you to worship Him?



### **Digging Deeper:**

When is it easiest to worship God?  
When life is good or bad?  
Why should we worship God  
all the time and not just when  
things are good?

*Our passage this week says that we present our bodies as a living sacrifice to God. This shows us that worship involves giving something (an offering) to God. What kind of gifts do you like to get?*

### **Worship is offering our best gift to honor God.**

1. What kinds of gifts honor God?
2. How can we know whether our worship is “holy and pleasing” to God?
3. Why does it matter whether our worship honors God?



### **Digging Deeper:**

Jesus said that those who worship God must, “worship in Spirit and in truth.”

What does it mean to worship according to what is true?

Why is it important that we worship according to what is true?

*When we think about worship, we usually think about singing. And it’s true, we worship God by giving him an offering of praise but the Bible says we can worship God in many different ways. What are some ways that you think we can worship God?*

### **We can worship God through everything we do.**

1. What does this verse call true worship? How do you think we “offer our bodies” to God?

2. Read Colossians 3:17, 23. What do these verses say about the way we should live our lives in worship?
3. Think about your day. Do you think your actions “worshiped” God?

**Pray about it:**

*What will you do this week to worship God?  
What can you do to remind you to worship Him in everything you do?*

At the end of each Family Devo, spend time taking requests, giving thanks, and asking God’s help to live out what you just discussed.

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**Digging Deeper:**

Jesus said that those who worship God must, “worship in spirit and in truth.”

What does it mean to worship in Spirit?

How do you go about doing this?



# Essential Elements Defined: Service

Week Six

5

**Sv**  
SERVICE  
1 Peter 4:10

## Getting Started:

- Option #1:** What happens if you try to put together a puzzle or LEGO but you're missing a piece?
- Option #2:** Whenever you play football or basketball with your friends, you've got to work with your team to win the game. What would happen if you tried to win the game without working with your team?

## Memory Verse

"Just as each one has received a gift, use it to serve others, as good stewards of the varied grace of God." [1 Peter 4:10]

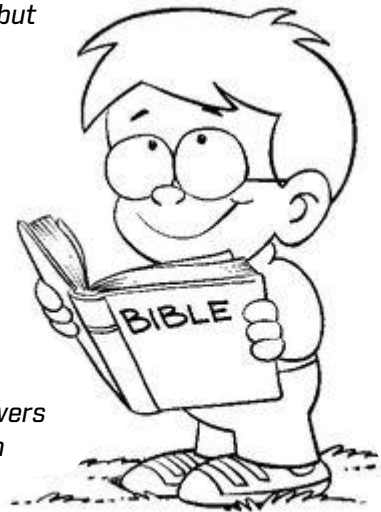
## Introduction:

*When we follow Jesus, we are called to serve others but especially within the church. Everyone has a part to play and God has uniquely prepared each of His followers for service. Let's take a look at God's plan for His followers and their service in the church.*

## Read: Romans 12:3-7

## Talk about it:

*When God started the first church, He gave His followers special gifts to help the church work best. When a person trusts in Jesus, God gives them one of these gifts to serve the church. What kind of gift do you think would help the church?*



## God gives spiritual gifts to his followers.

1. What “gifts” are listed in this passage?
2. We normally think of a gift as a sort of present. How are these gifts different from that?



### **Digging Deeper:**

How do you think God chooses what gift a follower gets?

What does this say about God’s wisdom and our need to rely Him?

3. Have you been given a spiritual gift from God? What do you think it is?

*God has uniquely gifted each of His followers to serve the church. We don't all have the same gift and that's a good thing.*

## Everybody has a different type of gift.

1. Do you think any spiritual gift is more important or valuable than the others?
2. How should you treat others with a different spiritual gift?
3. How can you keep from becoming jealous of someone else’s gift?

*The Bible compares the church to a body. A body has different parts that do different things but these parts go together to make one body. In the same way, there are many different spiritual gifts but they all work together to help the church work best.*



### **Digging Deeper:**

Why do you think God gave the church so many different types of spiritual gifts?

How are many spiritually gifted people working together better than just one?

**We use our gifts to serve one another in the church.**

- 1. Why has God given spiritual gifts to the church?  
(Read 1 Corinthians 12:7 & Ephesians 4:11-13)
- 2. How can you discover your spiritual gift?
- 3. Where might you use your gifts at Temple?



**Digging Deeper:**

Colossians 1:18 says that Christ is the head of the body, the church.

What do you think that means?

Why is it important for us to recognize Christ is as the head of the church?

**Pray about it:**

*Are you serving somewhere in the church right now? If not, why not now?  
Spend some time asking god to show you where He wants you to get involved.*

At the end of each family devo, spend time taking requests, giving thanks, and asking God's help to live out what you just discussed.

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# Essential Elements Defined: Solitude

Week Seven

## Getting Started:

- Option #1:** What would happen to your phone if you forgot to plug it in and charge it? Just like your phone, there are times when you need to “recharge” by spending time with God and resting in Him.
- Option #2:** Have your kids make as much noise as they can (at your discretion) for ten seconds. While the kids are making noise, whisper, “Jesus loves me.” After they quiet down, ask them if they heard what was whispered. Then ask them why they couldn’t hear the phrase.

## Memory Verse

<sup>30</sup> The apostles gathered around Jesus and reported to him all that they had done and taught. <sup>31</sup> He said to them, “Come away by yourselves to a remote place and rest for a while.” For many people were coming and going, and they did not even have time to eat.” (Mark 6:30-31)

## Introduction:

*It’s hard to hear God and obey His commands when we are constantly surrounded by noise. That’s why it’s important for us to put away the things that distract us from God—toys, phones, TV, games—and spend time quietly listening and resting in Him every day.*

## Read: Mark 3:13-19

## Talk about it:

What do you do when someone calls your name? Jesus called those He wanted and they came to Him. In the same way, Jesus calls us and wants us to meet with Him daily. Have you answered His call?



## We are called to spend time with Jesus.

1. What do these verses say Jesus called his disciples to do?
2. How do you think they learned to do these things?
3. What is the most important thing that you can do to learn the things God wants you to do?



### Digging Deeper:

How can trusting that God wants to meet with you change the way you think about daily quiet time?

What does this say about the way God thinks of you?

*We need God's help to do what God calls us to do. Spending quiet time with God everyday helps us to follow God's way in our life. Let's read John 15:1-5. What did Jesus tell His disciples to do?*

## As we spend time with Jesus, He will produce spiritual fruit in us.

1. What picture does Jesus use to help us understand why we need remain (or abide) in him?
2. What does Jesus say will happen if you remain (or abide) in Him? What does Jesus say that you can do apart from Him?
3. How does this help you see your need to spend daily quiet time with God?



### Digging Deeper:

Jesus said, "I am the vine; you are the branches. The one who remains in me and I in him produces much fruit, because you can do nothing without me."

Read Galatians 5:22-23 and Colossians 3:9-10

What kind of fruit do you think Jesus is talking about?

Who do these characteristics describe?

*Jeremiah 29:13 says, "You will seek me and find me when you search for me with all your heart." We can be confident that God will meet with us and speak to us through His word when we seek Him during our quiet time. Read James 4:8.*

**When we draw near to God, He will draw near to us.**

1. What do you think it means to draw near to God? What kind of attitude should you have?
2. What kinds of things keep you from drawing near to God?
3. What can you do this week to draw near to God?



**Digging Deeper:**

Psalm 46:10 says:  
"Stop striving, and know that I am God; I will be exalted among the nations, I will be exalted on the earth." (NASB)

What is the benefit of being still and remembering who God is?

How does this encourage you in your circumstances?

**Pray about it:**

*Jesus is calling and wants to meet with us in His Word. Will you answer His call? What do distractions do you need to put away to meet with Jesus? Pick a time, pick a place, and plan to meet with Jesus this week.*

At the end of each Family Devo, spend time taking requests, giving thanks, and asking God's help to live out what you just discussed.

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**DAVID MCEUEN**  
PASTOR OF WORSHIP AND FAMILY

God loves the family and has designed it to be the primary means of discipleship for children and teens from generation to generation. These devos are our gift to you to help you do just that. My hope is that as our church walks through the Essential Elements of Life in Christ, these Family Devos will help you and your family grow in Christ TOGETHER.

Though our current sermon series covers 14 spiritual disciplines that assist in spiritual growth, our family devos will only focus on the first six. This booklet will Define these six disciplines for you and a second booklet will follow midway through our series that will look at how these disciplines are Demonstrated in the Scriptures.

Our prayer is that these devos will help you create a habit of worshiping together as a family and will help you “Direct your children onto the right path, and when they are older, they will not leave it.” [Proverbs 22:6, NLT]