

# PART TWO: THE SIX-FOLD CYCLE OF SIN AND SALVATION

---

JUDGE	OPPRESSOR	PERIOD OF OPPRESSION	PERIOD OF REST	BIBLICAL REFERENCE
Othniel	Cushan-rishathaim, king of the Mesopotamians	8 years	40 years	Judges 3:7-11
Ehud	Eglon, king of Moab Moabites	18 years	80 years	Judges 3:12-30
Shamgar	Philistines			Judges 3:31
Deborah	Jabin, king of Canaan Canaanites	20 years	40 years	Judges 4 - 5
Gideon	Midianites	7 years	40 years	Judges 6 - 8
Tola	Abimelech (not killed by Tola)	3 years	23 years	Judges 10:1-2
Jair			22 years	Judges 10:3-5
Jephthah	Philistines and Ammonites	18 years	6 years	Judges 10:6 - 12:7
Ibzan			7 years	Judges 12:8-10
Elon			10 years	Judges 12:11-12
Abdon			8 years	Judges 12:13-15
Samson	Philistines	40 years	20 years	Judges 13 - 16

### III. The Aram-Naharaim and Othniel Cycle

#### Remembering Who God Is (3:7-11)

##### Heart-Forgetfulness

*Judges 3:7*

*When the people did what was evil in the sight of the Lord and forgot Him, did they really forget God? Or does this mean something else?*

---

*What's the difference between knowing something in your 'head' and knowing something with your 'heart'?*

---

*How can we keep from 'forgetting' God? (2 Peter 1)*

---

*How can we be sure to remember God?*

---

- \_\_\_\_\_
- \_\_\_\_\_ (Luke 22)
- \_\_\_\_\_ (Hebrews 10)

**How God Brings Revival**

*Judges 3:8-11*

*What does God do in these verses to bring them to revival?*

---

*What role does God's anger and wrath play in bringing about revival?*

---

*What does it mean here when they 'cried out to the Lord'?*

---

*What were Othniel's qualifications to serve as deliver/judge?*

---